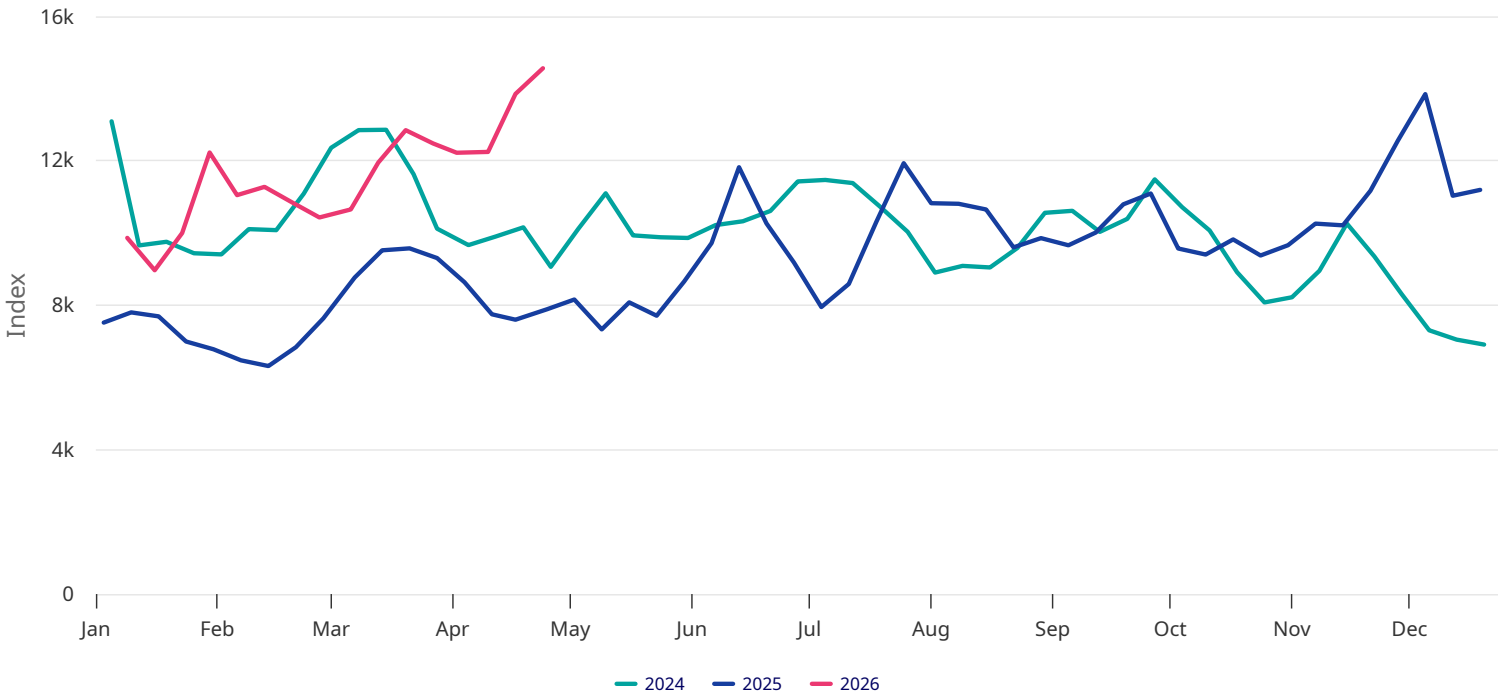


Trade	Cargo Size	Weight	17/04/2026	24/04/2026
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	8.90	9.55
TUBARAO/ROTTERDAM	170,000/10%	10%	15.30	16.00
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	14.80	15.50
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	14.05	15.75
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	17.15	18.85
NOUADHIBOU/QINGDAO	170,000/10%	10%	34.95	35.30
TUBARAO/JAPAN	160,000/10%	10%	32.40	32.75
TUBARAO/QINGDAO	160,000/10%	10%	32.70	33.05
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	10.56	11.40
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	6.29	7.18
Calculated Index			13,852	14,563
Change on Previous Index			+1,606	+711
Change on Four Weeks Ago			+1,005	+2,083
Change on Previous Year			+6,253	+6,677
Change on Two Years Ago			+3,949	+4,407
			\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT		62,500	67,500
T/C TRANSATLANTIC ROUND	180,000 DWT		37,250	42,500

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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