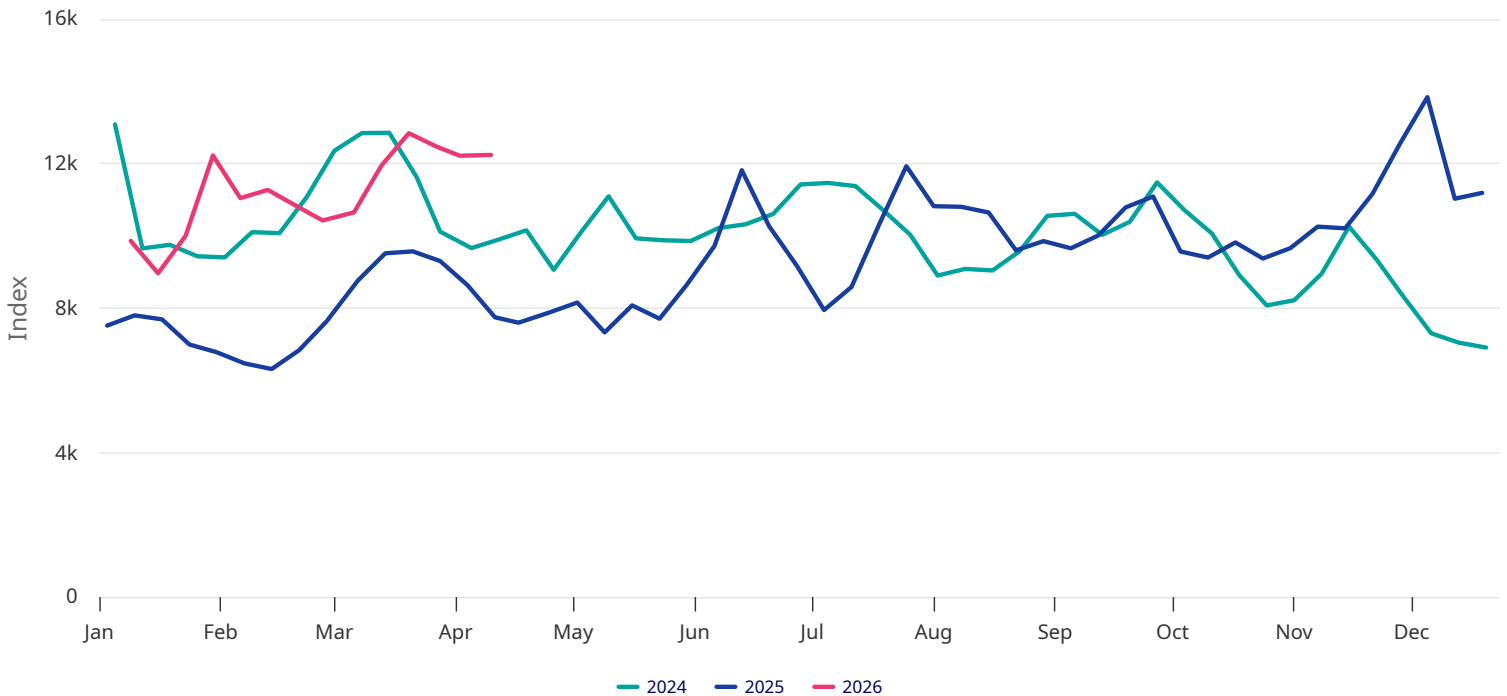


Trade	Cargo Size	Weight	02/04/2026	10/04/2026
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	8.20	7.25
TUBARAO/ROTTERDAM	170,000/10%	10%	14.40	14.15
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	13.70	13.50
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	12.05	11.25
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	13.70	14.05
NOUADHIBOU/QINGDAO	170,000/10%	10%	32.25	32.50
TUBARAO/JAPAN	160,000/10%	10%	29.85	30.90
TUBARAO/QINGDAO	160,000/10%	10%	30.15	30.20
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	9.04	9.80
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	3.88	4.22
<b>Calculated Index</b>			<b>12,222</b>	<b>12,246</b>
Change on Previous Index			-258	+24
Change on Four Weeks Ago			+1,792	+298
Change on Previous Year			+2,916	+4,498
Change on Two Years Ago			+2,101	+2,581
			<b>\$/Day</b>	<b>\$/Day</b>
T/C TRIP CONT/FAR EAST	180,000 DWT		53,500	58,000
T/C TRANSATLANTIC ROUND	180,000 DWT		23,000	25,000

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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