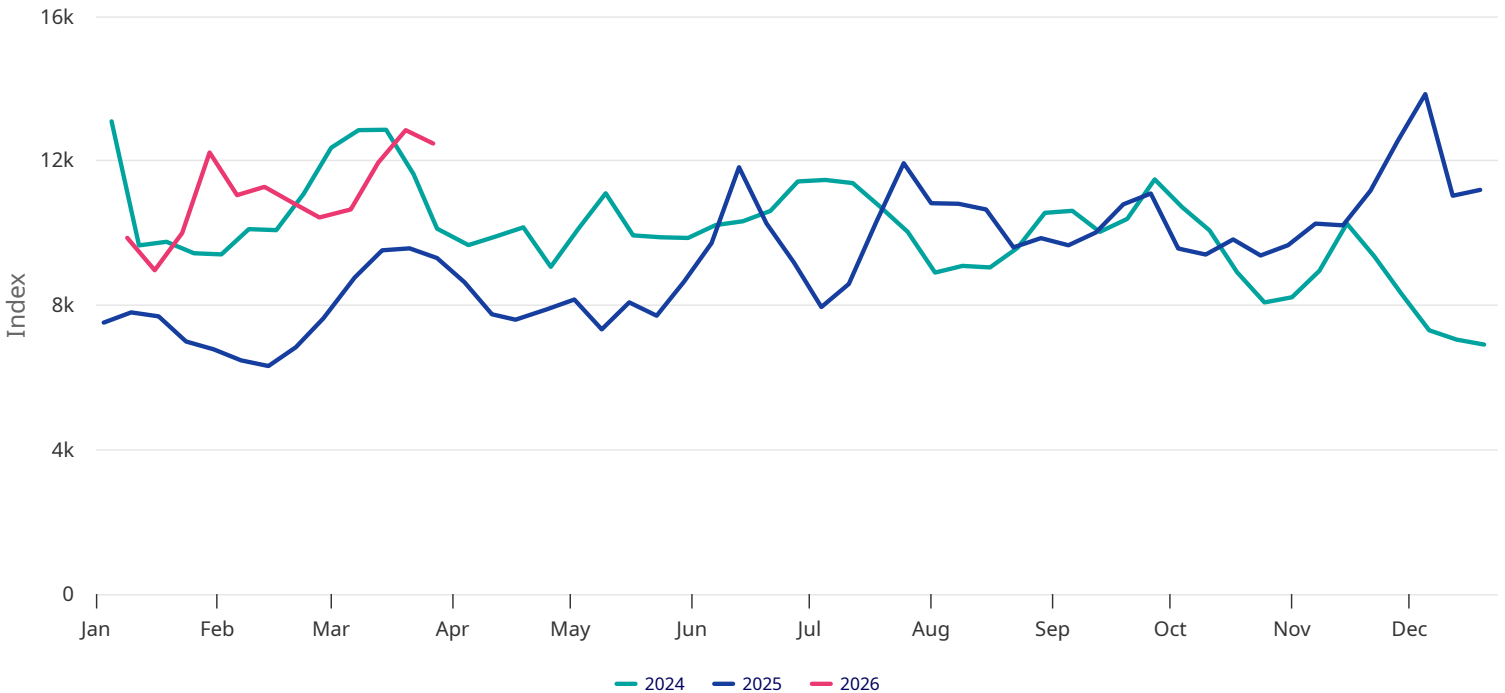


Trade	Cargo Size	Weight	20/03/2026 \$/t	27/03/2026 \$/t
NARVIK/ROTTERDAM	150,000/10%	10%	8.60	8.10
TUBARAO/ROTTERDAM	170,000/10%	10%	15.25	14.60
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	14.40	13.90
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	13.85	12.55
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	15.95	14.65
NOUADHIBOU/QINGDAO	170,000/10%	10%	32.75	32.60
TUBARAO/JAPAN	160,000/10%	10%	30.35	30.20
TUBARAO/QINGDAO	160,000/10%	10%	30.65	30.50
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	8.64	9.29
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	4.81	4.20
Calculated Index			12,847	12,480
Change on Previous Index			+899	-367
Change on Four Weeks Ago			+1,998	+2,050
Change on Previous Year			+3,272	+3,174
Change on Two Years Ago			-12	+849
			\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT		51,150	55,000
T/C TRANSATLANTIC ROUND	180,000 DWT		28,500	24,850

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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