SNAPSHOT OF
COMMERCIAL INDICATORS
Week 10 / 2026
(Reference point 05 March.2026)

“Success comes from knowing that you did your best to become the best that you are capable of becoming.”

John Robert Wooden. An American basketball coach and player.

(1910-2010)

Introductory Note:

We consider the herein indicators valuable in decision making since shipping is a derived demand industry with many financial interactions. Turbulent global macro/micro-climate involving stock markets, currency exchanges and opportunity cost for alternative investments affect the shipping market. In the previous years, as brokers we always faced the fact that the information that we wanted to combine with our gut feeling was never available at our finger tips.

This is our small contribution to yours and our business.

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COMMODITY FUTURES					
Commodity		Exchange – Currency& Unit	Actual last	% weekly	% 4-weekly
Crude Oil[1]		**NYMEX - (USD/Barrel)**	81,01	24,23%	28,00%
Brent[2]		**ICE EU - (USD/Barrel)**	85,41	20,57%	26,44%
Gas Oil[3]		**ICE EU - (USD/MT)**	1109,25	47,51%	60,88%
RBOB Gasoline[4]		**NYMEX - (USD/US Gallon)**	2,67	18,51%	38,63%
Natural Gas[5]		**NYMEX - (USD/1 mio BTU)**	3,00	6,23%	-14,42%
Wheat[6]		**CBOT - (USD Cents/Bushel)**	583,75	1,61%	9,06%
Corn[7]		**CBOT - (USD/ Bushel)**	453,50	2,25%	4,25%
Rice (rough)[8]		**CBOT - (USD/Hundredweight)**	11,12	11,71%	-1,38%
Soybeans[9]		**CBOT - (USD Cents/Bushel)**	1189,75	2,26%	6,97%
Soybean Meal[10]		**CBOT - (USD/Short ton)**	309,30	-2,61%	2,01%
Sugar #11[11]		**ICE US - (USD/Pound)**	13,72	-1,65%	-3,85%
Gold[12]		**COMEX - (USD/Troy ounce)**	5.078,70	-2,59%	3,87%
Silver[13]		**COMEX - (USD/Troy ounce)**	82,18	-5,85%	7,13%
Copper[14]	(3 Months)	**LME - (USD/MT)**	12.902,00	-3,03%	-0,01%
Aluminium[15]	(3 Months)	**LME -(USD/MT)**	3.296,00	4,39%	8,89%

Notes at the last page

USD LIBOR 12 months	Actual last	% weekly	% 4-weekly
	3,294	0,98%	-9,75%

EXCHANGE RATE	Actual last	% weekly	% 4-weekly
EUR / USD	1,1618	-1,66%	-1,53%
USD / INR	91,787	0,87%	1,63%
USD / TRY	43,993	0,25%	1,05%

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STOCK MARKETS		Actual last	% weekly	% 4-weekly
USA	S&P 500	6831	-1,13%	0,48%
USA	NASDAQ-100	25020	-0,06%	1,92%
Brazil	IBOVESPA	180	-5,52%	-0,91%
Russia	RTSI INDEX	1138	0,03%	1,05%
India	S&P BSE SENSEX	80016	-1,56%	-3,96%
China	CSI 300 INDEX	4648	-1,68%	-0,49%
S.Africa	FTSE/JSE Africa All Share Index	120167	-6,53%	1,37%
Greece	ATHENS INDEX COMPOS	2172	-5,74%	-8,22%

10-YEAR BOND YIELD	Actual last	% weekly	% 4-weekly
USA	4,146%	3,21%	-1,52%
Brazil	13,790%	2,72%	1,76%
Russia	14,360%	0,00%	-1,72%
India	6,638%	-0,78%	-0,20%
China	1,795%	-1,59%	-1,10%
S.Africa	8,240%	4,50%	1,98%
Greece	3,488%	5,47%	0,17%

BALTIC EXCHANGE							
	Actual last	% weekly	% 4-weekly		Actual last	% weekly	% 4-weekly
BDI	2.138	0,99%	11,18%				
BCI	2.951	-3,28%	1,13%	BCI T/C – 182.000 dwt	$23.262	-3,75%	1,29%
BPI	1.997	4,23%	20,88%	BPI T/C – 82.500 dwt	$17.970	4,19%	20,89%
BSI	1.663	28,02%	50,63%	BSI T/C –63.500 dwt	$17.600	7,19%	26,09%
BHSI	819	7,34%	28,37%	BHSI T/C – 38.200 dwt	$14.748	7,38%	28,48%

BUNKERS			
	Grades		
Port	IFO380	VLSFO	MGO
Fujairah	$615	$692	$1.161
Houston	$483	$601	$1.017
Rotterdam	$571	$616	$1.026
Singapore	$630	$696	$1.157

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Notes :

1. Crude Oil - U.S. Dollars and Cents per barrel (contract of 1,000 barrels, 1 barrel = 42 us gallons =158.98litres = 0.13642565 metric tons)
2. Brent - U.S. Dollars and Cents per barrel (contract of 1,000 barrels, 1 barrel = 42 us gallons = 158.98litres= 0.13642565 metric tons)
3. Gas Oil - U.S. Dollars and Cents per Metric Tonne (contract of 100 Metric Tonnes)(10ppm diesel, at a density of 0.845 kg/litre in vacuum at 15 Celsius)
4. RBOB Gasoline - U.S. Dollars and Cents per us gallon (contract of 42,000 us gallons = 136.42 metric tonnes)
5. Natural Gas - U.S. Dollars and Cents per 1 million BTU (contract of 10,000 million British Thermal Unit)
6. Wheat - Cents per bushel (contract of 5,000 bushels ~ 136 Metric Tons)
7. Corn - Cents per bushel (contract of 5,000 bushels ~ 127 Metric Tons)
8. Rice rough - U.S. Dollars and Cents hundredweight (contract of 2,000 hundredweights ~ 91 Metric Tons)
9. Soybeans - Cents per bushel (contract of 5,000bushels ~ 136 Metric Tonnes)
10. Soybean Meal - U.S. Dollars and Cents per short ton (contract of 100 short tons ~ 91 Metric Tonnes)
11. Sugar #11- U.S. Dollars and Cents per pound (contract of 112,000 pounds = 50.8023 Metric Tonnes)
12. Gold - U.S. Dollars and Cents per troy ounce (contract of 100 troy ounces, 1 troy ounce = 31,1034 grams)
13. Silver - U.S. Dollars and Cents per troy ounce (contract of 5.000 troy ounces, 1 troy ounce = 31,1034 grams)
14. Copper - U.S. Dollars and Cents per metric tonne, 3 months Buyer's price (contract of 25 metric tonnes)
15. Aluminium - U.S. Dollars and Cents per metric tonne, 3 months Buyer's price (contract of 25 metric tonnes)

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