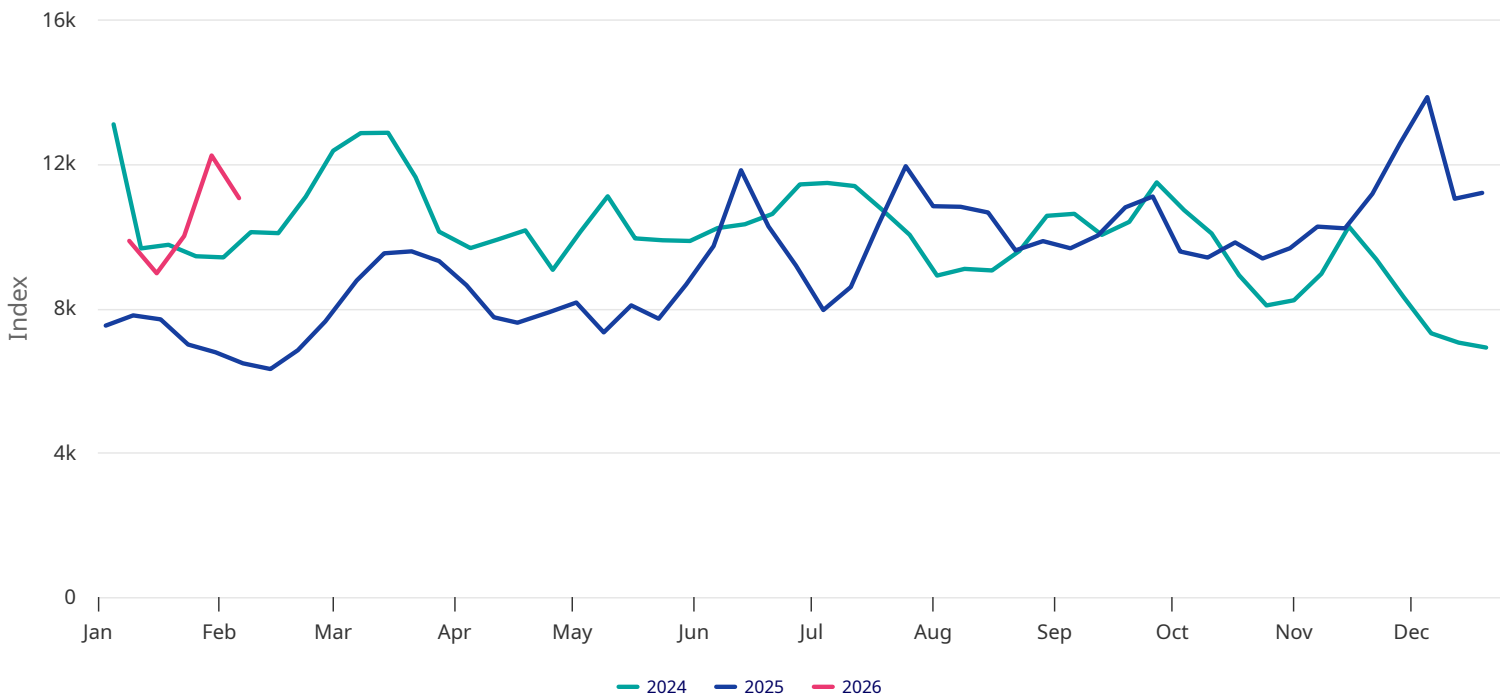


Trade	Cargo Size	Weight	30/01/2026	06/02/2026
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	8.45	7.90
TUBARAO/ROTTERDAM	170,000/10%	10%	12.40	12.05
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	11.35	11.00
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	16.25	14.55
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	16.90	15.20
NOUADHIBOU/QINGDAO	170,000/10%	10%	28.35	25.30
TUBARAO/JAPAN	160,000/10%	10%	25.95	22.90
TUBARAO/QINGDAO	160,000/10%	10%	26.25	23.20
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	9.65	8.84
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	6.59	5.53
Calculated Index			12,230	11,048
Change on Previous Index			+2,231	-1,182
Change on Four Weeks Ago			+1,036	+1,183
Change on Previous Year			+5,451	+4,576
Change on Two Years Ago			+2,790	+1,641
			\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT		57,150	52,350
T/C TRANSATLANTIC ROUND	180,000 DWT		39,000	32,750

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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