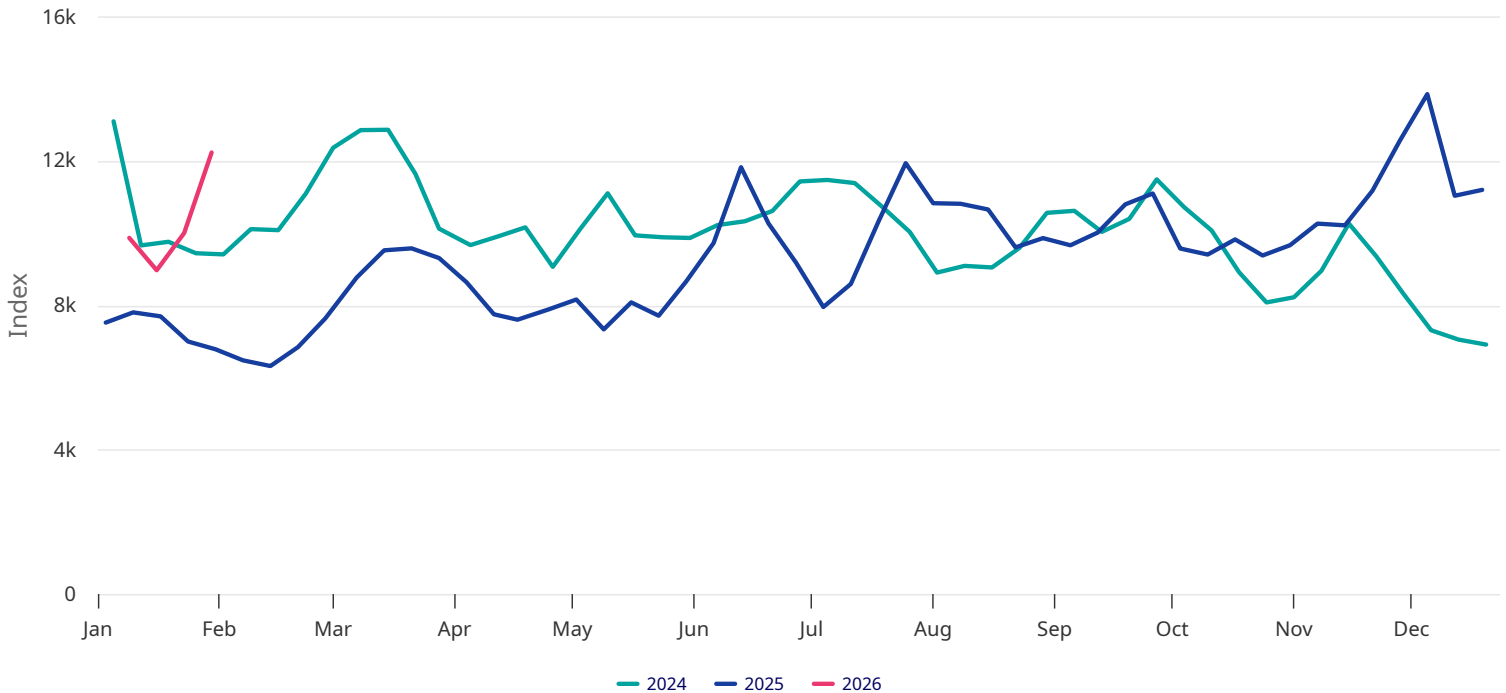


Trade	Cargo Size	Weight	23/01/2026	30/01/2026
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	7.55	8.45
TUBARAO/ROTTERDAM	170,000/10%	10%	10.40	12.40
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	9.35	11.35
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	12.80	16.25
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	13.45	16.90
NOUADHIBOU/QINGDAO	170,000/10%	10%	23.85	28.35
TUBARAO/JAPAN	160,000/10%	10%	21.45	25.95
TUBARAO/QINGDAO	160,000/10%	10%	21.75	26.25
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	7.88	9.65
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	4.45	6.59
Calculated Index			9,999	12,230
Change on Previous Index			+1,031	+2,231
Change on Four Weeks Ago			-1,195	+1,036
Change on Previous Year			+3,005	+5,451
Change on Two Years Ago			+243	+2,790
			\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT		46,650	57,150
T/C TRANSATLANTIC ROUND	180,000 DWT		26,350	39,000

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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