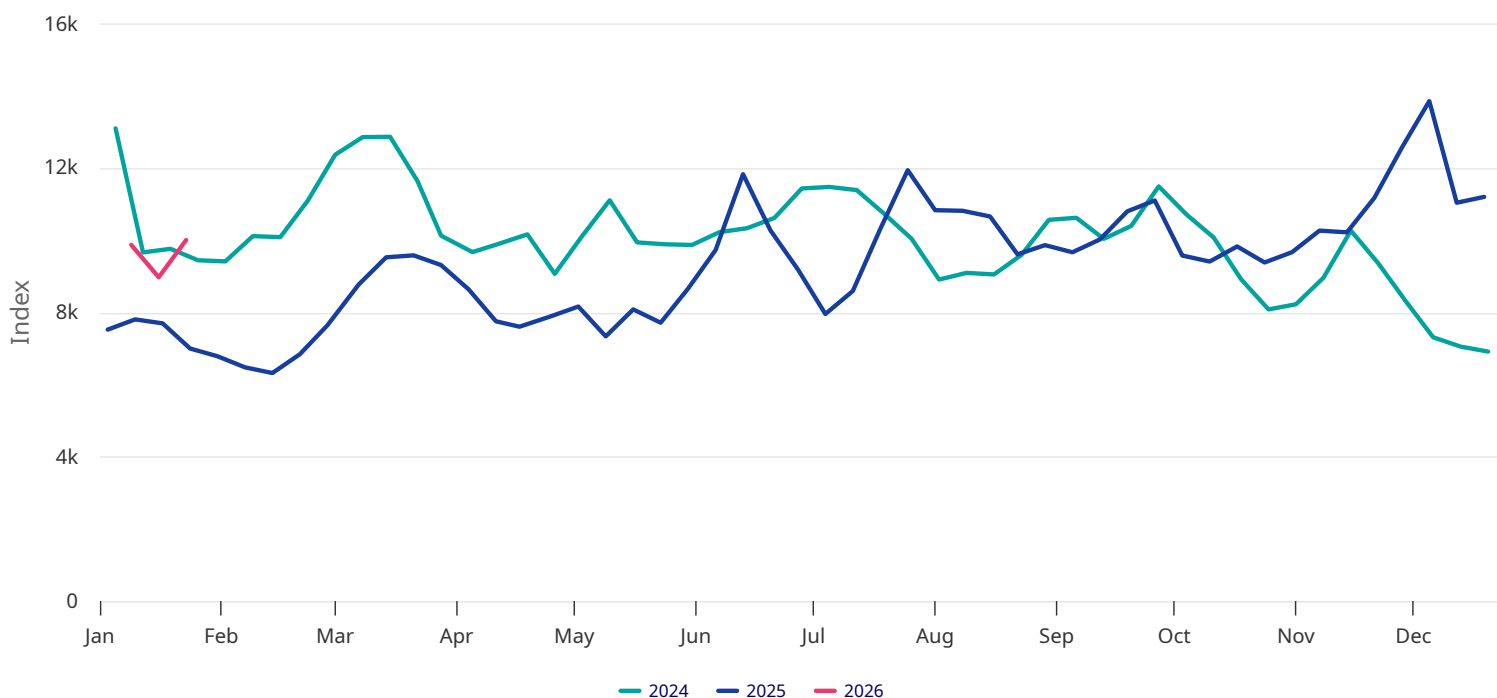


Trade	Cargo Size	Weight	16/01/2026	23/01/2026
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	7.05	7.55
TUBARAO/ROTTERDAM	170,000/10%	10%	9.70	10.40
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	8.65	9.35
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	11.00	12.80
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	11.65	13.45
NOUADHIBOU/QINGDAO	170,000/10%	10%	21.65	23.85
TUBARAO/JAPAN	160,000/10%	10%	19.25	21.45
TUBARAO/QINGDAO	160,000/10%	10%	19.55	21.75
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	6.97	7.88
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	3.77	4.45

Calculated Index		8,968	9,999
Change on Previous Index		-897	+1,031
Change on Four Weeks Ago		-2,226	-1,195
Change on Previous Year		+1,276	+3,005
Change on Two Years Ago		-689	+243
		\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT	41,250	46,650
T/C TRANSATLANTIC ROUND	180,000 DWT	22,350	26,350

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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