



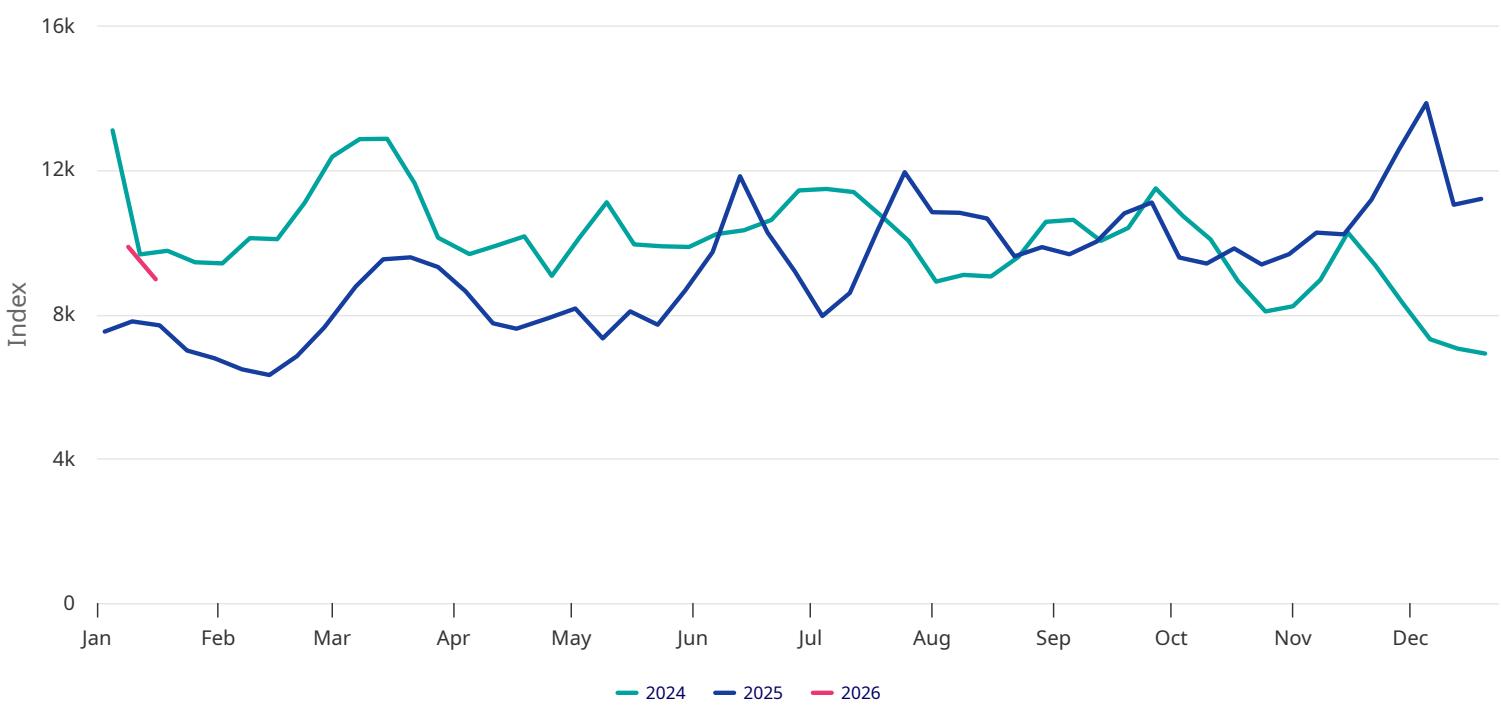
Atlantic Capesize Index

19th January 2026

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Trade	Cargo Size	Weight	09/01/2026	16/01/2026
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	7.50	7.05
TUBARAO/ROTTERDAM	170,000/10%	10%	11.15	9.70
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	9.75	8.65
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	11.25	11.00
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	13.35	11.65
NOUADHIBOU/QINGDAO	170,000/10%	10%	22.95	21.65
TUBARAO/JAPAN	160,000/10%	10%	20.55	19.25
TUBARAO/QINGDAO	160,000/10%	10%	20.85	19.55
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	8.17	6.97
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	4.79	3.77
Calculated Index			9,865	8,968
Change on Previous Index			-1,329	-897
Change on Four Weeks Ago			-1,167	-2,226
Change on Previous Year			+2,063	+1,276
Change on Two Years Ago			-3,227	-689
			\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT		48,350	41,250
T/C TRANSATLANTIC ROUND	180,000 DWT		28,350	22,350

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](mailto:Ben.Dudman@ssyglobal.com)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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