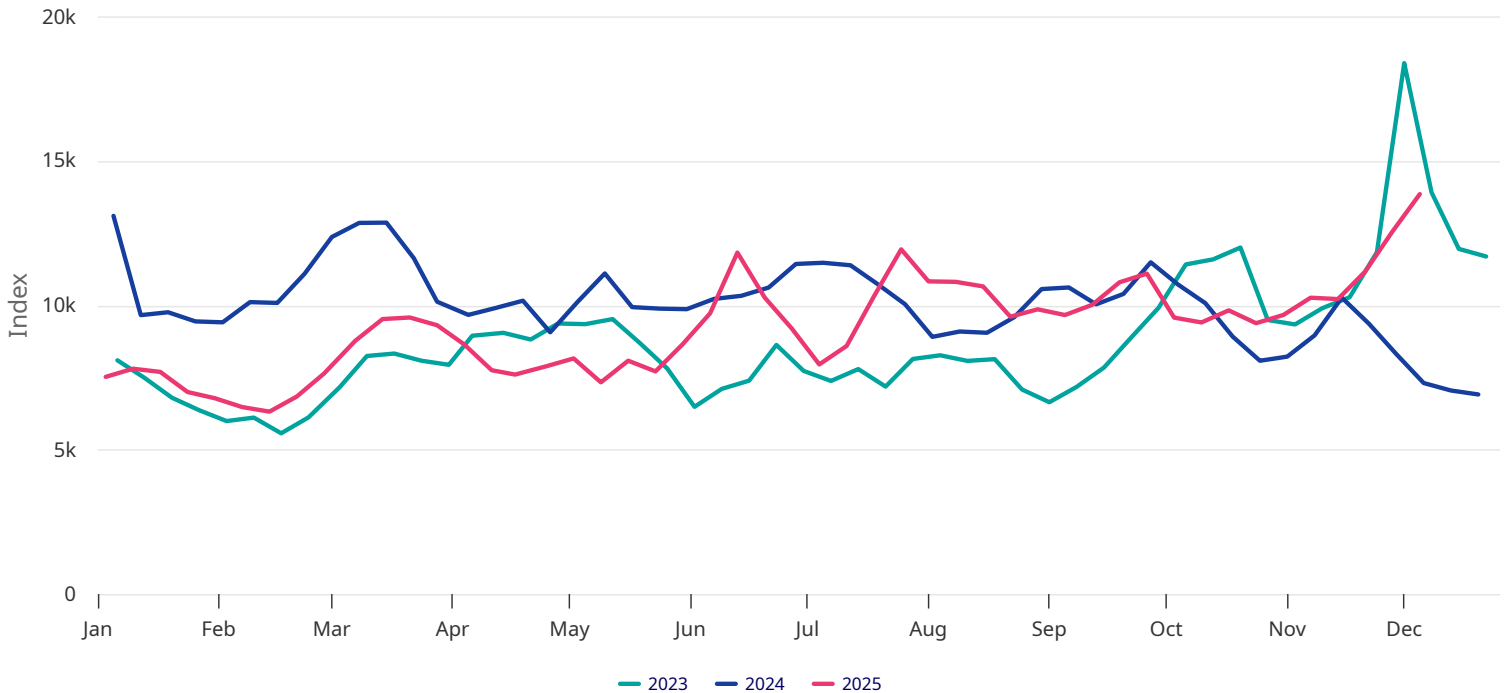


Trade	Cargo Size	Weight	28/11/2025	05/12/2025
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	7.95	9.15
TUBARAO/ROTTERDAM	170,000/10%	10%	15.65	17.30
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	14.45	16.10
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	14.85	18.15
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	18.15	21.55
NOUADHIBOU/QINGDAO	170,000/10%	10%	27.20	27.15
TUBARAO/JAPAN	160,000/10%	10%	24.80	24.75
TUBARAO/QINGDAO	160,000/10%	10%	25.10	25.05
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	10.43	11.06
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	7.39	9.99
<b>Calculated Index</b>			<b>12,556</b>	<b>13,846</b>
Change on Previous Index			+1,388	+1,290
Change on Four Weeks Ago			+2,895	+3,586
Change on Previous Year			+4,252	+6,541
Change on Two Years Ago			+720	-4,536
			<b>\$/Day</b>	<b>\$/Day</b>
T/C TRIP CONT/FAR EAST	180,000 DWT		61,750	65,500
T/C TRANSATLANTIC ROUND	180,000 DWT		43,750	59,150

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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