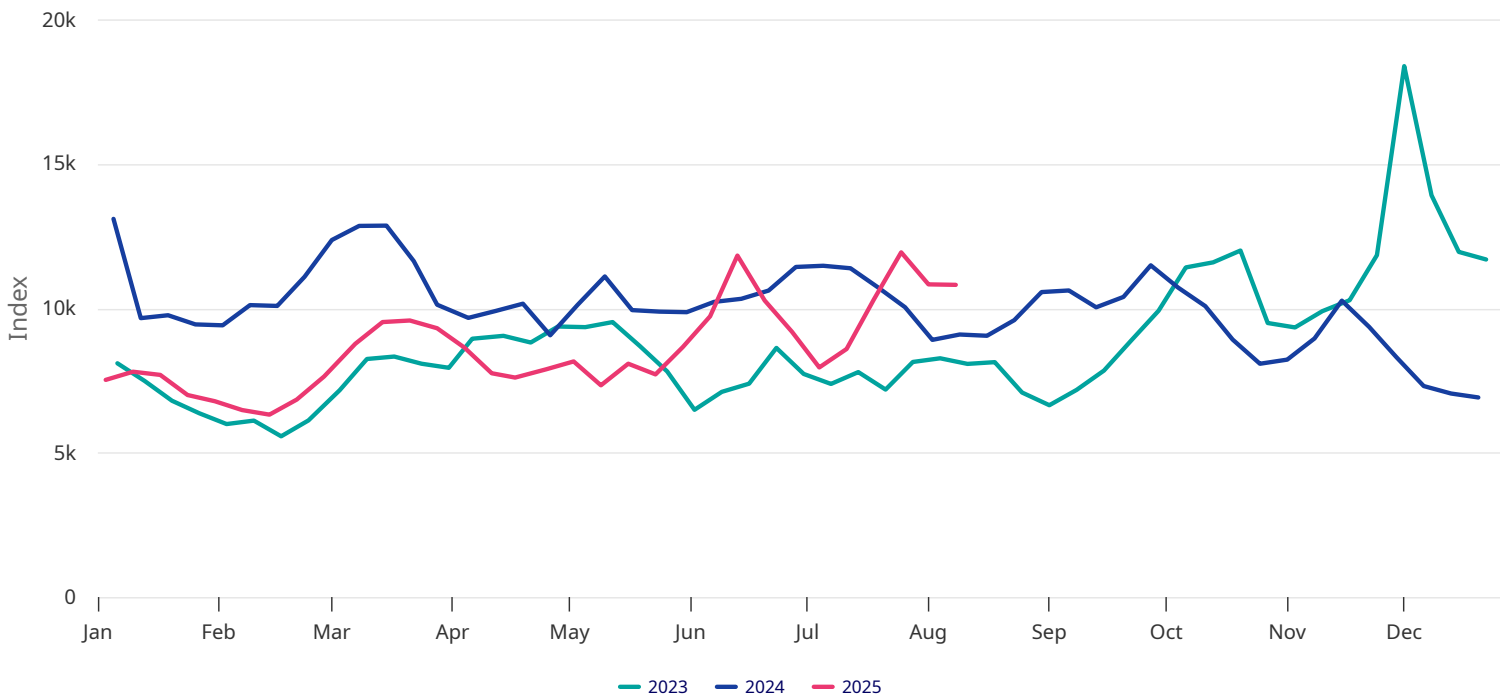


Trade	Cargo Size	Weight	01/08/2025	08/08/2025
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	7.60	7.40
TUBARAO/ROTTERDAM	170,000/10%	10%	11.65	11.90
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	11.25	11.55
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	11.40	10.80
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	15.50	14.90
NOUADHIBOU/QINGDAO	170,000/10%	10%	24.95	25.75
TUBARAO/JAPAN	160,000/10%	10%	23.90	24.70
TUBARAO/QINGDAO	160,000/10%	10%	24.20	25.00
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	8.39	8.47
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	5.72	5.02
Calculated Index			10,826	10,808
Change on Previous Index			-1,107	-18
Change on Four Weeks Ago			+2,876	+2,219
Change on Previous Year			+1,922	+1,719
Change on Two Years Ago			+2,688	+2,542
			\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT		49,650	50,150
T/C TRANSATLANTIC ROUND	180,000 DWT		33,850	29,750

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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