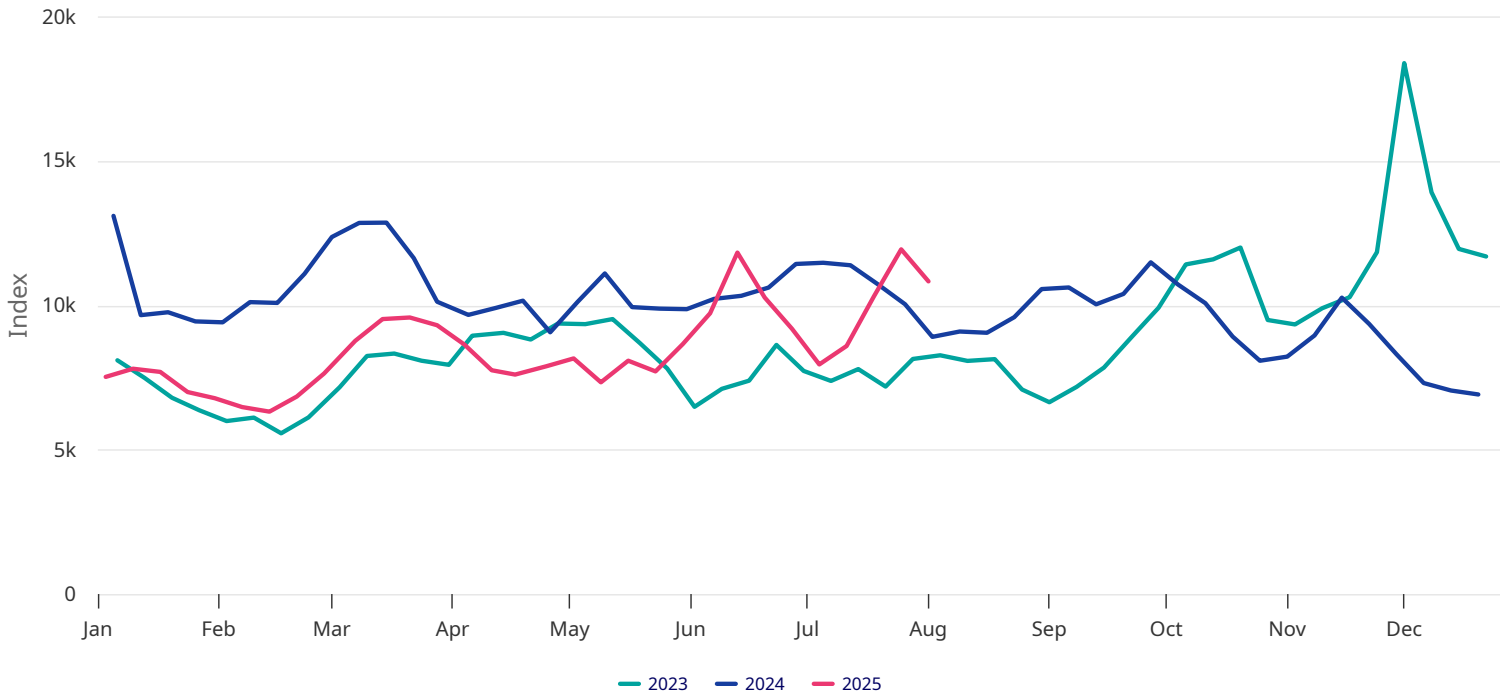


Trade	Cargo Size	Weight	25/07/2025	01/08/2025
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	8.70	7.60
TUBARAO/ROTTERDAM	170,000/10%	10%	12.25	11.65
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	11.75	11.25
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	14.00	11.40
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	18.20	15.50
NOUADHIBOU/QINGDAO	170,000/10%	10%	25.50	24.95
TUBARAO/JAPAN	160,000/10%	10%	24.45	23.90
TUBARAO/QINGDAO	160,000/10%	10%	24.75	24.20
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	10.13	8.39
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	7.15	5.72
Calculated Index			11,933	10,826
Change on Previous Index			+1,627	-1,107
Change on Four Weeks Ago			+2,750	+2,876
Change on Previous Year			+1,900	+1,922
Change on Two Years Ago			+4,750	+2,688
			\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT		60,000	49,650
T/C TRANSATLANTIC ROUND	180,000 DWT		42,350	33,850

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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