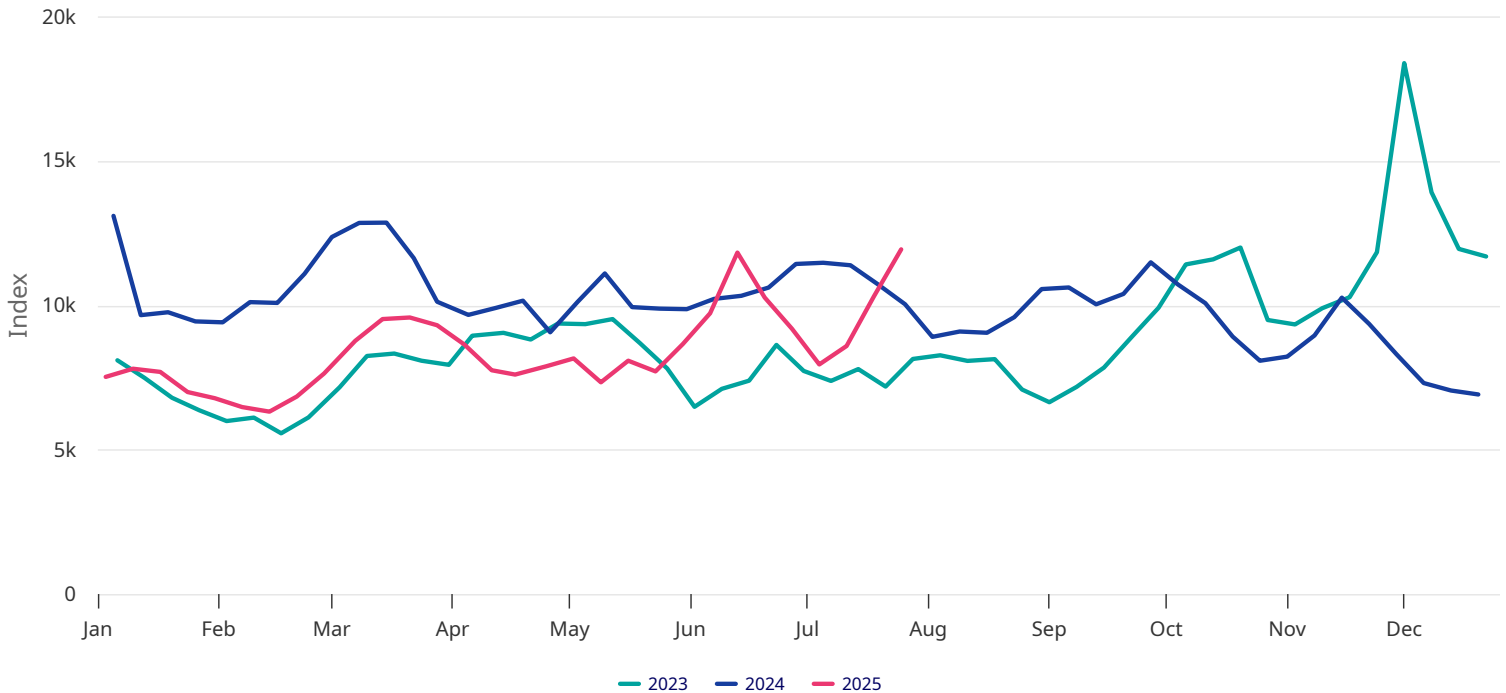


Trade	Cargo Size	Weight	18/07/2025	25/07/2025
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	7.50	8.70
TUBARAO/ROTTERDAM	170,000/10%	10%	10.85	12.25
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	10.10	11.75
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	10.25	14.00
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	15.40	18.20
NOUADHIBOU/QINGDAO	170,000/10%	10%	23.55	25.50
TUBARAO/JAPAN	160,000/10%	10%	22.75	24.45
TUBARAO/QINGDAO	160,000/10%	10%	23.05	24.75
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	8.53	10.13
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	5.24	7.15
Calculated Index			10,306	11,933
Change on Previous Index			+1,717	+1,627
Change on Four Weeks Ago			+40	+2,750
Change on Previous Year			-420	+1,900
Change on Two Years Ago			+2,517	+4,750
			\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT		50,500	60,000
T/C TRANSATLANTIC ROUND	180,000 DWT		31,000	42,350

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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