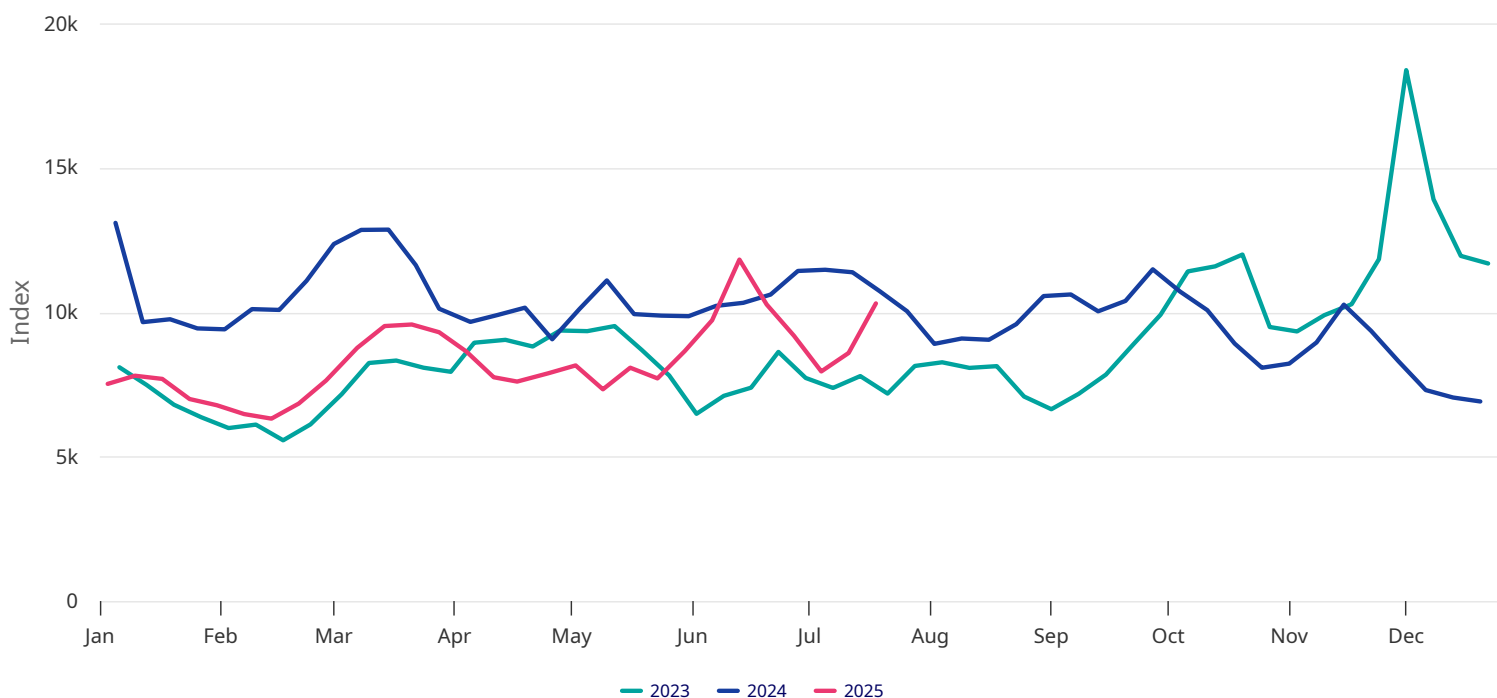


Trade	Cargo Size	Weight	11/07/2025	18/07/2025
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	5.40	7.50
TUBARAO/ROTTERDAM	170,000/10%	10%	9.00	10.85
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	9.75	10.10
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	9.00	10.25
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	12.50	15.40
NOUADHIBOU/QINGDAO	170,000/10%	10%	21.00	23.55
TUBARAO/JAPAN	160,000/10%	10%	20.20	22.75
TUBARAO/QINGDAO	160,000/10%	10%	20.50	23.05
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	6.42	8.53
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	3.38	5.24

Calculated Index	8,589	10,306
Change on Previous Index	+639	+1,717
Change on Four Weeks Ago	-3,231	+40
Change on Previous Year	-2,794	-420
Change on Two Years Ago	+1,212	+2,517
	\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT	38,000
T/C TRANSATLANTIC ROUND	180,000 DWT	20,000

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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