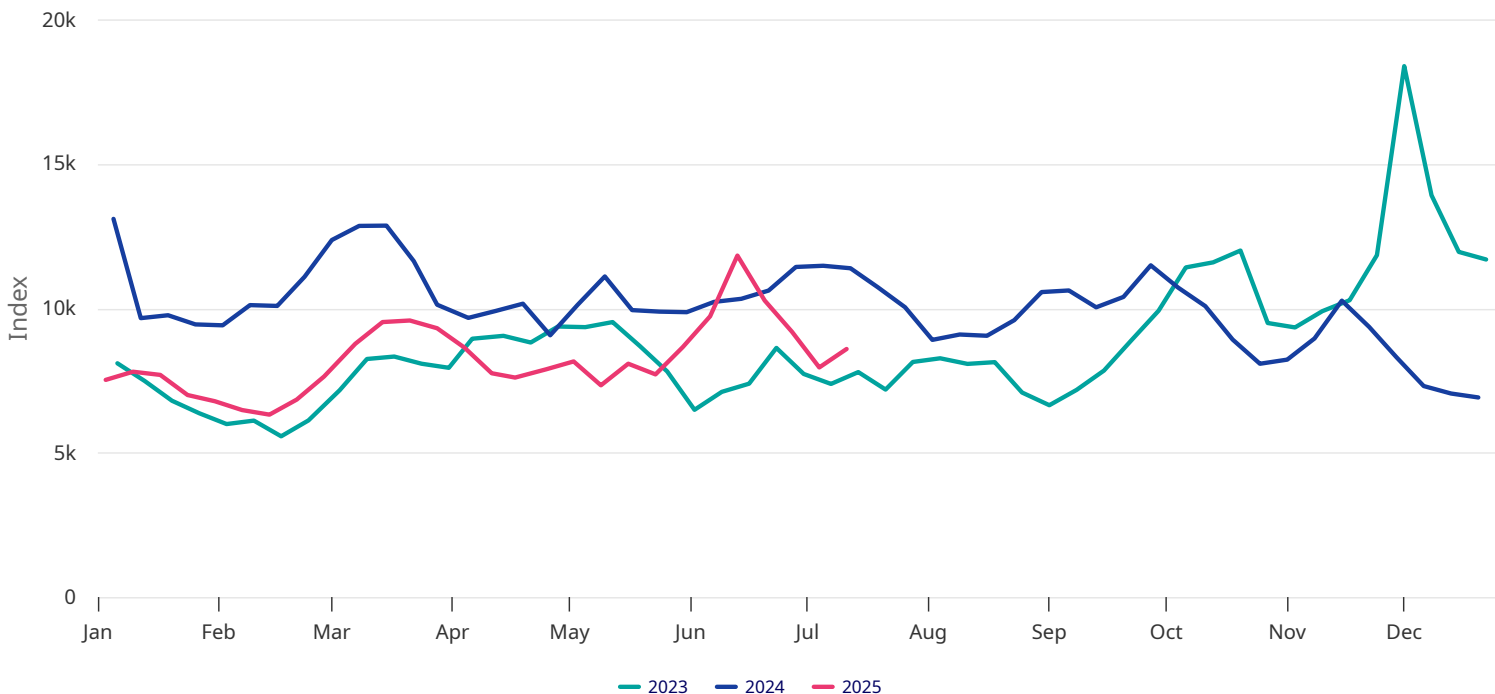


Trade	Cargo Size	Weight	04/07/2025	11/07/2025
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	5.05	5.40
TUBARAO/ROTTERDAM	170,000/10%	10%	8.50	9.00
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	8.50	9.75
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	8.00	9.00
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	11.75	12.50
NOUADHIBOU/QINGDAO	170,000/10%	10%	20.00	21.00
TUBARAO/JAPAN	160,000/10%	10%	18.70	20.20
TUBARAO/QINGDAO	160,000/10%	10%	19.00	20.50
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	6.08	6.42
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	2.79	3.38

Calculated Index		7,950	8,589
Change on Previous Index		-1,233	+639
Change on Four Weeks Ago		-1,769	-3,231
Change on Previous Year		-3,519	-2,794
Change on Two Years Ago		+226	+1,212
		\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT	36,000	38,000
T/C TRANSATLANTIC ROUND	180,000 DWT	16,500	20,000

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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