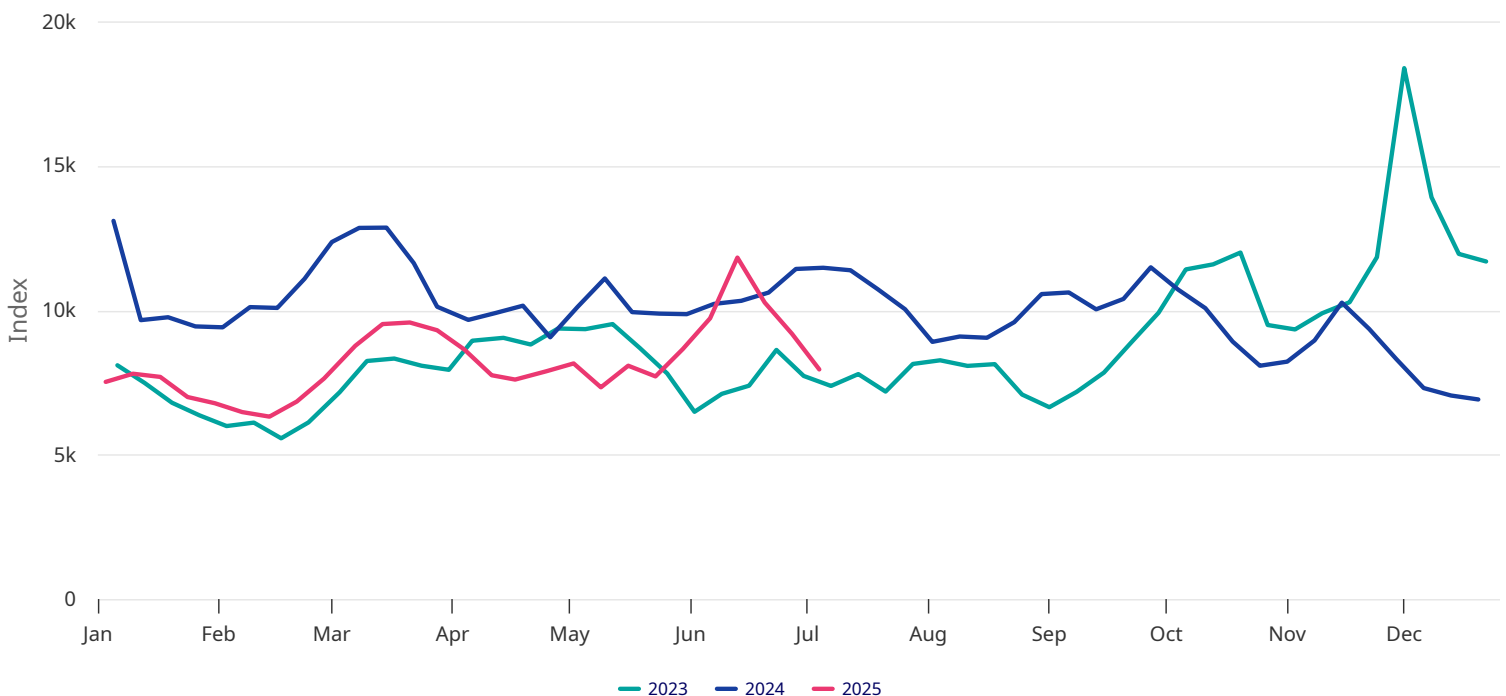


| Trade                    | Cargo Size  | Weight | 27/06/2025    | 04/07/2025    |
|--------------------------|-------------|--------|---------------|---------------|
|                          |             |        | \$/t          | \$/t          |
| NARVIK/ROTTERDAM         | 150,000/10% | 10%    | 6.65          | 5.05          |
| TUBARAO/ROTTERDAM        | 170,000/10% | 10%    | 9.50          | 8.50          |
| RICHARDS BAY/ROTTERDAM   | 150,000/10% | 10%    | 8.70          | 8.50          |
| SEVEN ISLANDS/ROTTERDAM  | 170,000/10% | 10%    | 8.20          | 8.00          |
| PUERTO BOLIVAR/ROTTERDAM | 160,000/10% | 10%    | 13.55         | 11.75         |
| NOUADHIBOU/QINGDAO       | 170,000/10% | 10%    | 22.85         | 20.00         |
| TUBARAO/JAPAN            | 160,000/10% | 10%    | 20.65         | 18.70         |
| TUBARAO/QINGDAO          | 160,000/10% | 10%    | 20.95         | 19.00         |
| T/C TRIP CONT/FAR EAST   | 180,000 DWT | 10%    | 7.26          | 6.08          |
| T/C TRANSATLANTIC ROUND  | 180,000 DWT | 10%    | 4.20          | 2.79          |
| <b>Calculated Index</b>  |             |        | <b>9,183</b>  | <b>7,950</b>  |
| Change on Previous Index |             |        | -1,083        | -1,233        |
| Change on Four Weeks Ago |             |        | +528          | -1,769        |
| Change on Previous Year  |             |        | -2,245        | -3,519        |
| Change on Two Years Ago  |             |        | +559          | +226          |
|                          |             |        | <b>\$/Day</b> | <b>\$/Day</b> |
| T/C TRIP CONT/FAR EAST   | 180,000 DWT |        | 43,000        | 36,000        |
| T/C TRANSATLANTIC ROUND  | 180,000 DWT |        | 24,850        | 16,500        |

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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