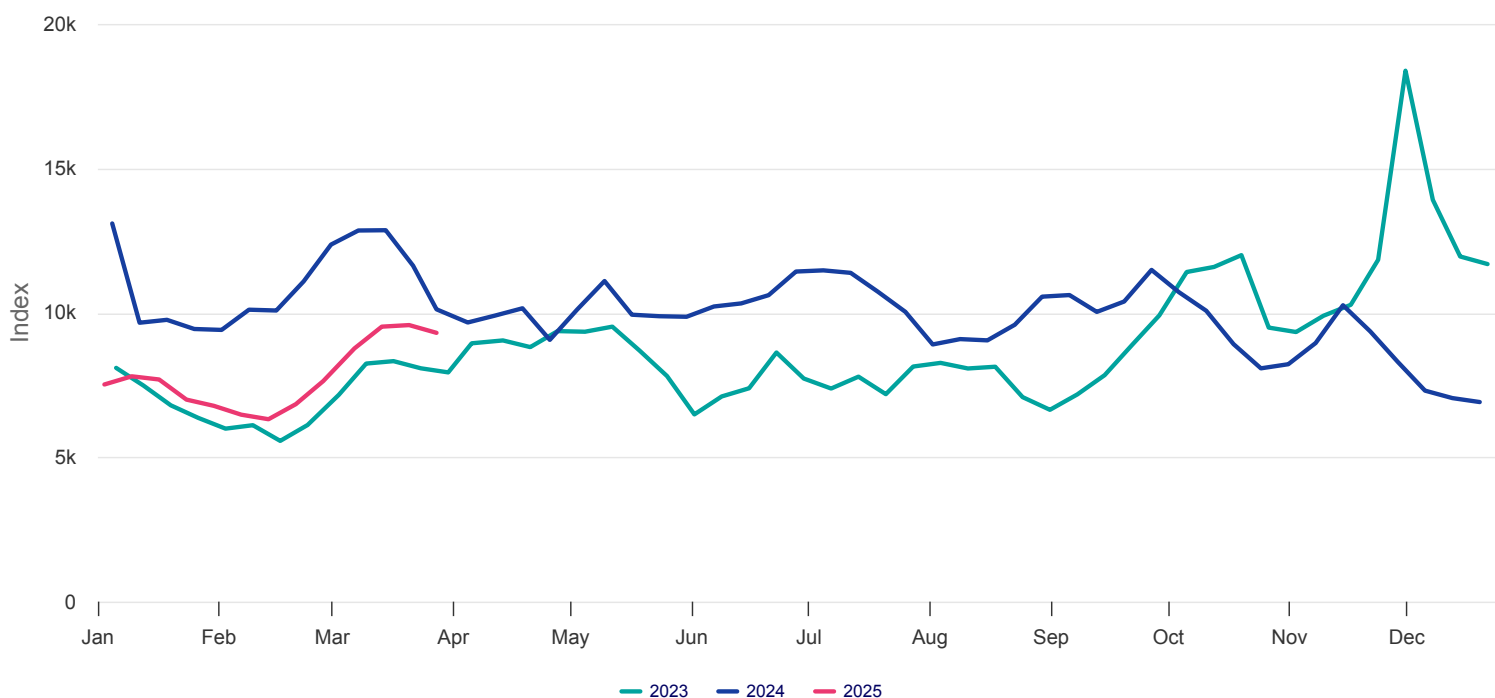


Trade	Cargo Size	Weight	21/03/2025	28/03/2025
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	5.80	5.80
TUBARAO/ROTTERDAM	170,000/10%	10%	9.90	10.00
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	9.30	9.40
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	9.45	9.50
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	11.95	12.00
NOUADHIBOU/QINGDAO	170,000/10%	10%	25.70	24.30
TUBARAO/JAPAN	160,000/10%	10%	24.20	22.80
TUBARAO/QINGDAO	160,000/10%	10%	24.50	23.10
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	7.15	6.97
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	3.38	3.35
<b>Calculated Index</b>			<b>9,575</b>	<b>9,306</b>
Change on Previous Index			+54	-269
Change on Four Weeks Ago			+2,738	+1,671
Change on Previous Year			-2,056	-815
Change on Two Years Ago			+1,249	+1,228
			<b>\$/Day</b>	<b>\$/Day</b>
T/C TRIP CONT/FAR EAST	180,000 DWT		42,350	41,250
T/C TRANSATLANTIC ROUND	180,000 DWT		20,000	19,850

SSY Atlantic Capesize Index



For more information please contact [Ben Dudman/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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