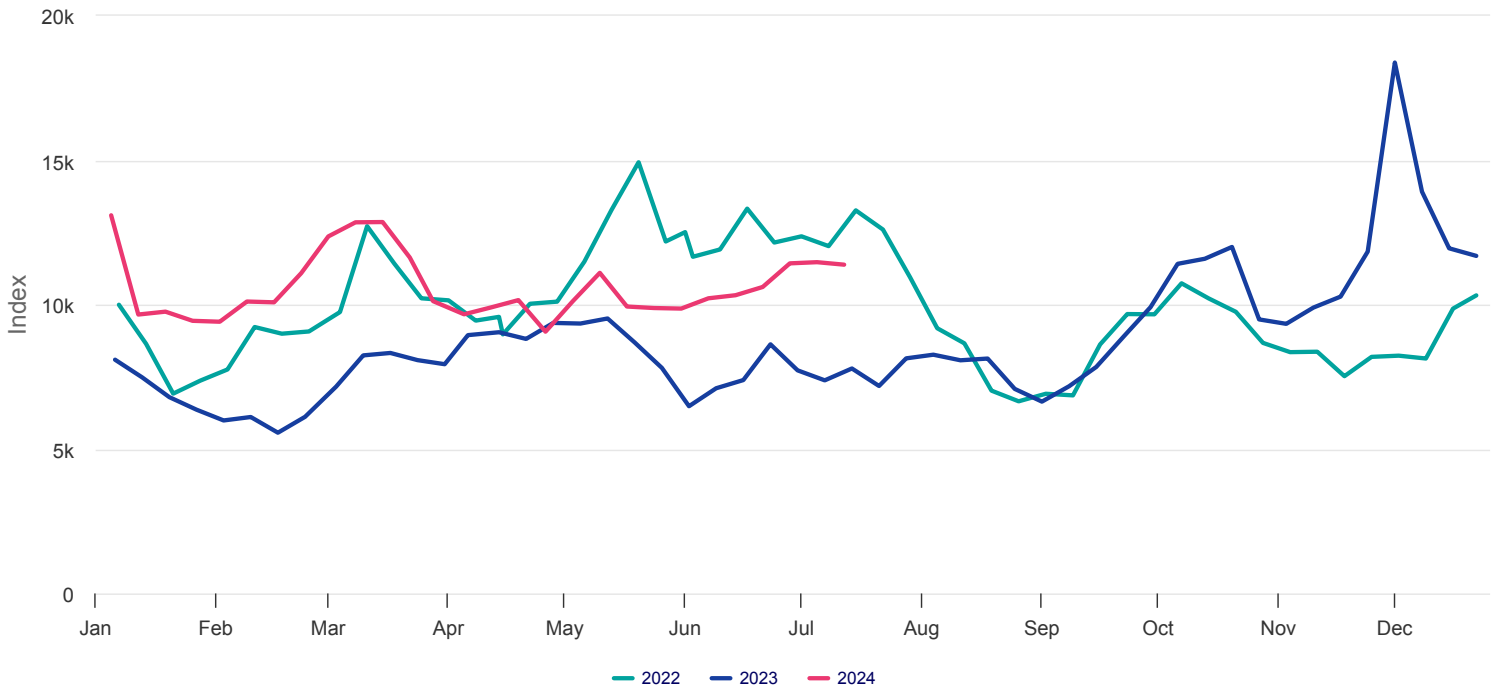


Trade	Cargo Size	Weight	05/07/2024	12/07/2024
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	7.40	7.50
TUBARAO/ROTTERDAM	170,000/10%	10%	10.70	10.75
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	9.50	9.60
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	11.15	11.50
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	14.25	14.60
NOUADHIBOU/QINGDAO	170,000/10%	10%	30.20	28.85
TUBARAO/JAPAN	160,000/10%	10%	28.20	26.85
TUBARAO/QINGDAO	160,000/10%	10%	28.50	27.15
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	10.07	10.68
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	4.69	4.86
<b>Calculated Index</b>			<b>11,469</b>	<b>11,383</b>
Change on Previous Index			+41	-86
Change on Four Weeks Ago			+1,251	+1,058
Change on Previous Year			+4,092	+3,594
Change on Two Years Ago			-896	-642
			<b>\$/Day</b>	<b>\$/Day</b>
T/C TRIP CONT/FAR EAST	180,000 DWT		59,650	63,250
T/C TRANSATLANTIC ROUND	180,000 DWT		27,750	28,750

SSY Atlantic Capesize Index



For more information please contact [David Beard/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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