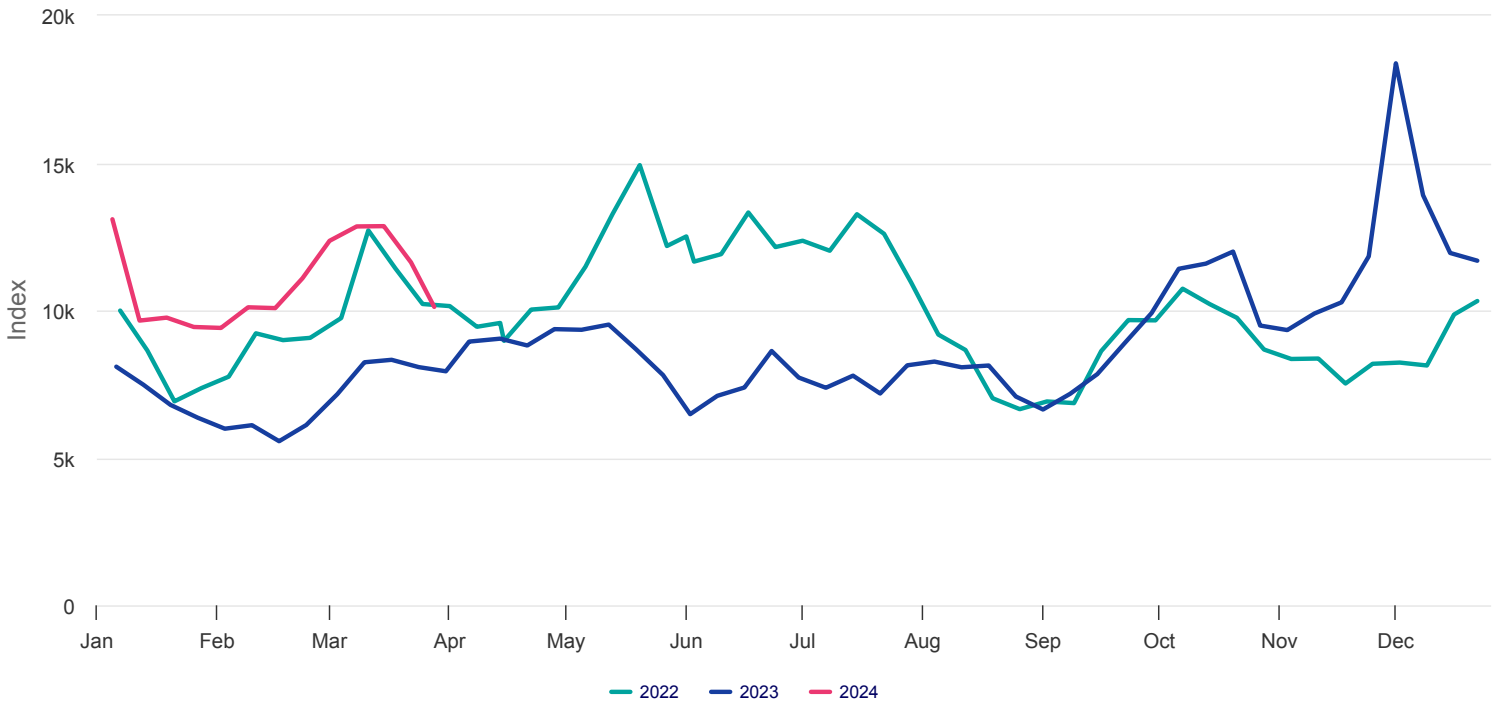


Trade	Cargo Size	Weight	22/03/2024	28/03/2024
			\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	8.00	6.55
TUBARAO/ROTTERDAM	170,000/10%	10%	13.00	11.90
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	11.65	10.55
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	9.80	8.30
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	14.10	12.15
NOUADHIBOU/QINGDAO	170,000/10%	10%	30.25	27.05
TUBARAO/JAPAN	160,000/10%	10%	28.25	25.05
TUBARAO/QINGDAO	160,000/10%	10%	28.55	25.35
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	9.57	8.28
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	4.33	3.10
<b>Calculated Index</b>			<b>11,631</b>	<b>10,121</b>
Change on Previous Index			-1,228	-1,510
Change on Four Weeks Ago			+544	-966
Change on Previous Year			+3,553	+2,043
Change on Two Years Ago			+209	-98
			<b>\$/Day</b>	<b>\$/Day</b>
T/C TRIP CONT/FAR EAST	180,000 DWT		56,650	49,000
T/C TRANSATLANTIC ROUND	180,000 DWT		25,650	18,350

SSY Atlantic Capesize Index



For more information please contact [David Beard/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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