

| Trade                    | Cargo Size  | Weight | 15/03/2024    | 22/03/2024    |
|--------------------------|-------------|--------|---------------|---------------|
|                          |             |        | \$/t          | \$/t          |
| NARVIK/ROTTERDAM         | 150,000/10% | 10%    | 8.80          | 8.00          |
| TUBARAO/ROTTERDAM        | 170,000/10% | 10%    | 14.30         | 13.00         |
| RICHARDS BAY/ROTTERDAM   | 150,000/10% | 10%    | 12.95         | 11.65         |
| SEVEN ISLANDS/ROTTERDAM  | 170,000/10% | 10%    | 11.50         | 9.80          |
| PUERTO BOLIVAR/ROTTERDAM | 160,000/10% | 10%    | 15.80         | 14.10         |
| NOUADHIBOU/QINGDAO       | 170,000/10% | 10%    | 32.70         | 30.25         |
| TUBARAO/JAPAN            | 160,000/10% | 10%    | 30.70         | 28.25         |
| TUBARAO/QINGDAO          | 160,000/10% | 10%    | 31.00         | 28.55         |
| T/C TRIP CONT/FAR EAST   | 180,000 DWT | 10%    | 10.18         | 9.57          |
| T/C TRANSATLANTIC ROUND  | 180,000 DWT | 10%    | 5.57          | 4.33          |
| <b>Calculated Index</b>  |             |        | <b>12,859</b> | <b>11,631</b> |
| Change on Previous Index |             |        | +10           | -1,228        |
| Change on Four Weeks Ago |             |        | +2,779        | +544          |
| Change on Previous Year  |             |        | +4,533        | +3,553        |
| Change on Two Years Ago  |             |        | +144          | +209          |
|                          |             |        | <b>\$/Day</b> | <b>\$/Day</b> |
| T/C TRIP CONT/FAR EAST   | 180,000 DWT |        | 60,250        | 56,650        |
| T/C TRANSATLANTIC ROUND  | 180,000 DWT |        | 33,000        | 25,650        |

SSY Atlantic Capesize Index



For more information please contact [David Beard/Roar Adland](#)

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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