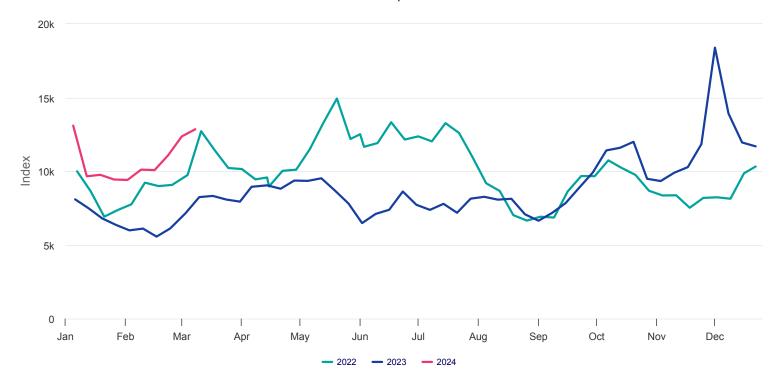
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			01/03/2024	08/03/2024
Trade	Cargo Size	Weight	\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10%	8.75	8.70
TUBARAO/ROTTERDAM	170,000/10%	10%	14.00	14.30
RICHARDS BAY/ROTTERDAM	150,000/10%	10%	12.65	12.95
SEVEN ISLANDS/ROTTERDAM	170,000/10%	10%	12.70	12.55
PUERTO BOLIVAR/ROTTERDAM	160,000/10%	10%	15.70	15.55
NOUADHIBOU/QINGDAO	170,000/10%	10%	30.45	32.95
TUBARAO/JAPAN	160,000/10%	10%	28.45	30.95
TUBARAO/QINGDAO	160,000/10%	10%	28.75	31.25
T/C TRIP CONT/FAR EAST	180,000 DWT	10%	9.31	9.50
T/C TRANSATLANTIC ROUND	180,000 DWT	10%	5.53	5.43
Calculated Index			12,360	12,849
Change on Previous Index			+1,273	+489
Change on Four Weeks Ago			+2,953	+2,741
Change on Previous Year			+5,201	+4,606
Change on Two Years Ago			+3,289	+3,107
			\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT		55,150	56,250
T/C TRANSATLANTIC ROUND	180,000 DWT		32,750	32,150

SSY Atlantic Capesize Index



For more information please contact David Beard/Roar Adland

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 26 June 2023.

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