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ATLANTIC CAPESIZE INDEX

18TH JULY 2016

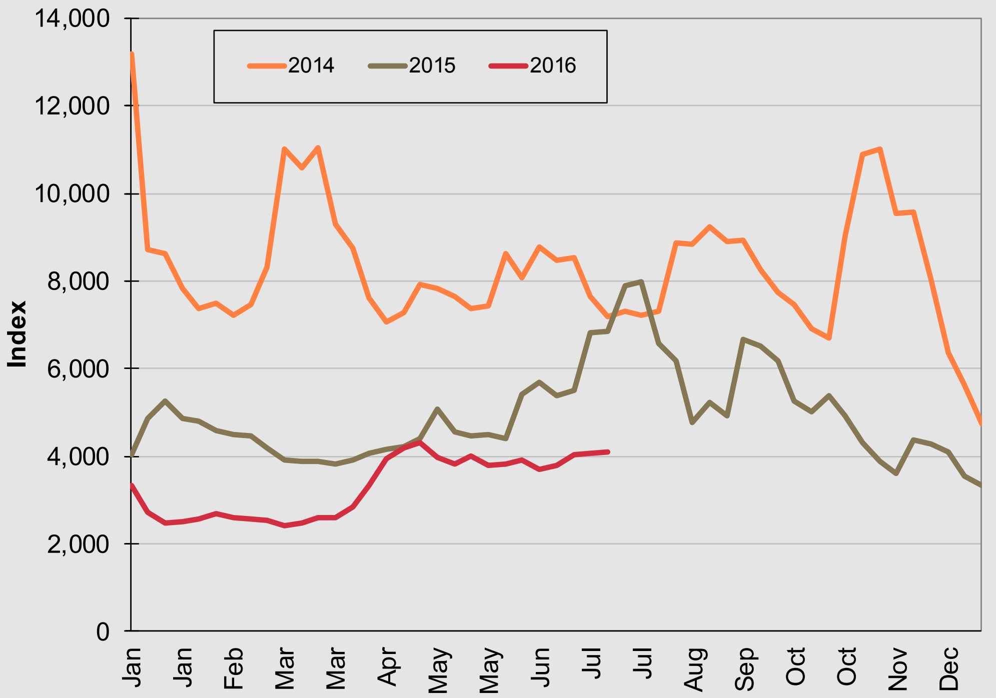
The SSY Atlantic Capesize Index has risen to an 11-week high of 4,105 points. However, it remains weak compared to historical levels and is 2,718 points below the year-ago index. The Atlantic round-voyage rate (180k dwt) has risen by $650/day to $6,750/day, while the fronthaul rate has increased by $2,100/day to $1,350/day.

For more information contact David Beard/John Kearsey

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 17 July 2015.

			11/07/2016	18/07/2016
Trade	**Cargo Size**	**Weight**	**$/t**	**$/t**
NARVIK/ROTTERDAM	150,000/10%	10.0%	3.25	3.35
TUBARAO/ROTTERDAM	160,000/10%	10.0%	4.80	4.50
RICHARDS BAY/ROTTERDAM	150,000/10%	10.0%	4.00	3.95
HAMPTON ROADS/ROTTERDAM	120,000/10%	10.0%	6.85	7.05
PUERTO BOLIVAR/ROTTERDAM	150,000/10%	10.0%	5.20	5.40
NOUADIBOU/QINGDAO	140,000/10%	10.0%	9.55	9.35
TUBARAO/JAPAN	160,000/10%	10.0%	9.80	9.60
TUBARAO/QINGDAO	160,000/10%	10.0%	9.35	9.15
T/C TRIP CONT/FAR EAST	180,000 DWT	10.0%	2.24	2.59
T/C TRANSATLANTIC ROUND	180,000 DWT	10.0%	1.03	1.14
		100.0%		
CALCULATED INDEX			**4,068**	**4,105**
Change on Previous Week			+38	+37
Change on Four Weeks Ago			+168	+421
Change on Previous Year			-1,440	-2,718
Change on Two Years Ago			-4,476	-3,553

SSY Atlantic Capesize Index



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